

## SPEAKERS

### **Hidden scars: the Impact of Violence and the COVID-19 Pandemic on Women's Mental Health**

#### **Fatima Batool, Technical officer, World Health Organisation**



Dr Batool Fatima is a Clinical Psychologist and Public Health professional. Her area of interest is maternal, child and adolescent mental health. Batool Fatima is a Technical Officer at Mental Health and Substance Use department of WHO. Her doctoral work investigated facilitators and barriers to mental health care for women with depression in Karachi, Pakistan. She has an extensive experience in community mental health including community-based interventions for maternal mental health.

#### **Valeriu Sava, Swiss Agency for Development and Cooperation, Moldova**



I am a medical doctor by training, accomplished PhD in Pathology and have lectured for 15 years at the Department of Pathology of the Moldova Medical University. I accomplished training courses and hold certificates from the World Bank Institute and Harvard School of Public Health in Health Systems Strengthening and Sustainable Financing; from Japanese National Institute of Public Health in Health Policy Development; from Swedish Health Care AB / Lund University in Health Strategy Management, as well as from Swiss Tropical and Public Health Institute. I have worked in several governmental and international organizations: as Deputy Director at the Centre for Public Health and Management, Head of Ministry of Health Department on Health Financing Policy, Health Policy Coordinator within World Bank Project and Project Coordinator within Health Program of the Open Society Institute in Chisinau. During all that period I was involved in developing concepts, policies, strategies and action plan with respect to public health financing, health system management, health services quality, as well as patient rights and medical ethics. Since April 2011, I have been working as a National Program Officer responsible for health domain portfolio at Swiss Cooperation Office in Moldova.

**Marie Angele Abanga, Lawyer, Author and Psychotherapist, Cameroon Executive and African Regional Representative Global Mental Health Peer Network (GMHPN).**



My name is Marie Angele Abanga. I am a mother, lawyer, author, Psychotherapist and founder of the Association Hope for the Abused and Battered (H4AB). I joined the Global Mental Health Peer Network (GMHPN) in August 2018 as the country executive for Cameroon, and was in 2020 elected the African Regional Representative. I have a private practice in Douala, and also work as a lawyer, author, consultant and motivational speaker. I am a Survivor of domestic violence and my story is found in my memoir aptly titled Battered Tattered but not Shattered: Finding the Strength in what remains (Available on Amazon).

**Sinikiwe Biyela, Executive Director, LifeLine**



Sinikiwe Biyela is a South African, lives in Pietermaritzburg and is a KwaZulu Natal. She is a Social Worker by profession. She is a community activist; and a mother of five children (two biological children and three adopted sons). She has 21 years of experience working in the field of Gender Based Violence (GBV). She has done a number of presentations locally, nationally and internationally on GBV root causes in South Africa, relationship between GBV and HIV as well as services available to GBV survivors. She has extensive experience in starting GBV programs aiming at preventing new incidents of GBV, HIV infection and assisting women to recover from their traumatic experiences. As a result of a massive contribution in the field of GBV she was nominated as a Finalist in Shoprite Checkers Women of the year Awards in 2012 for her GBV work. In 2014, she was nominated as a finalist in Africa's Most Influential Women in Business and Government. Once again in 2016 she was nominated on the Cascade Women of Substance award. She has served on a number of Board of Directors for non-governmental organizations. Developing people especially women and youth is her passion.

**Simone Lindorfer, Psychotherapist, consultant.**



Dr. Simone Lindorfer is a psychologist, theologian and trauma therapist and has been working for more than 25 years in international psychosocial work as a consultant and trainer. She has a focus on Eastern and Western Africa and special expertise in working with (trans-generational) trauma of sexualised violence. She is a coach / supervisor for the staff of many international organisations working in conflict or post-conflict settings. She has a private practice in Salzburg (Austria).

### **Togho Lumumba Mukong, Country Coordinator for Mission 21 in Cameroun**



I am a Cameroonian, aged 55 years, married with 3 daughters and a son. I am the Country Coordinator for Mission 21 in Cameroon. Before now I worked as a private consultant with interest in good governance in local councils. Before going private, I put in 7 years at Helvetas (Swiss Association for International Cooperation) working on human rights, governance and natural resources management.

### **Janneke H van Dijk, Country Director SolidarMed Zimbabwe**



Janneke H van Dijk studied medicine in the Netherlands, where she also obtained her DTM&H and PhD. Since 2000 she has worked as Medical Doctor in India and Zimbabwe, and as Clinical Research Director of the Macha Research Trust in rural Zambia. In 2015 she was appointed Country Director of SolidarMed Zimbabwe, which has its country offices in Masvingo – Zimbabwe, and its head-office in Lucerne, Switzerland.

### **Ayanda Makayi, MTV Shuga**



Ayanda Makayi is a South African actor, musician, presenter, event host, motivational speaker, entrepreneur and activist. Ayanda was born and raised in Queenstown, Eastern Cape, matriculating from Queen's College in 2010 before moving to Johannesburg, where he obtained a BA Honours in Live Performance from AFDA. In 2016 he landed his first lead role in MTV Shuga, followed by his second lead role when he replaced Given Stuurman in the role of Boysie on the second season of the Mzansi Magic supernatural drama series Igazi. He is currently on SABC 1s new show, Makoti where he plays a lead character. He can be seen in a variety of television commercials, reality shows and feature films both local and international, including Vodacom, Nyaope Boys, Ben9, That Golden Moment, The Journey is the Destination, Bush Pilot, Against the Wild 2: Survive the Serengeti, Skorokoro, MTV Base VJ Search 2019 and MTV's Guy Code. Apart from gracing the Global citizen stage during the 2018 Global Citizen concert in South Africa, Ayanda is one of the UNHCR ambassadors amongst Nomzamo Mbatha, Anatii, Leanne Mannas and Tressor to mention a few, where they aim to redefine the narrative of our fellow refugee brothers and sisters across Africa. He has also travelled both locally and globally talking about social issues, behavioral change and motivating the youth under his personal brand and the MTV Shuga brand. Definitely one of South Africa's youngest global stars.