

## ONLINE PROGRAM

### Hidden Scars: the Impact of Violence and the COVID-19 Pandemic on Women's Mental Health

#### DAY 1 – 18 May

<b>8.45 AM</b>	<b>Virtual Waiting Room</b>
9.00	<b>Welcome remark and introduction</b> by Carine Weiss Medicus Mundi Switzerland
<b>Part 1: Mental Health – Where do we stand today?</b>	
9.10	<b>The Changing Landscape of Women's Mental Health: COVID-19 and its Impact</b> by Batool Fatima, WHO
09.30	<b>Impact of COVID-19 Pandemic on Mental Health Services Reform in Moldova</b> , Valeriu Sava, SDC Moldova
09.50	<b>From despair to hope – How I became a lawyer and psychotherapist for abused women and children in Cameroon</b> by Marie Angele Abanga, Lawyer & Psychotherapist. Founder Hope for the Abused & Battered. Global Mental Health Peer Network (GMHPN)
10.10	Q&A with Batool Fatima, Valeriu Sava and Marie Abanga
<b>10.45</b>	<b>Coffee Break</b>
<b>Part 2. Mental Health and Gender-based Violence</b>	
11.15	<b>Gender-based Violence and Femicide and Covid19 Combination in South Africa. Women's Worst Ordeal</b> by Sinikiwe Biyela Life Line, South Africa
11.30	Q&A with Sinikiwe Biyela
11:55	Closing speech

#### DAY 2 – 19 May

<b>8.45 AM</b>	<b>Virtual Waiting Room</b>
9.00	<b>Welcome remark and introduction</b> by Carine Weiss Medicus Mundi Switzerland
<b>Part 3. Psychosocial support</b>	
9.10	<b>Being a Compassionate Witness to the Impact of Violence: Self-care as Professional Obligation</b> by Simone Lindorfer, independent psychosocial consultant, trauma specialist (Austria)
09.40	<b>Stories of War. Healing the Wounds of Gender based Violence</b> by Lumumba Mukong Mission 21 Cameroon
10.00	<b>Mental Health in Primary Care. A Review of Abuse Reported in Rural Zimbabwe, before and during the COVID-19 Era</b> by Janneke H. van Dijk, SolidarMed Zimbabwe
10.20	Q&A with Lumumba Mukong and Janneke H. van Dijk
<b>10.45</b>	<b>Coffee Break</b>
11.15	The Reckoning of Sol by Ayanda Makayi, MTV Shuga
11.35	Q&A with Ayanda Makayi
11:55	Closing speech and next steps